

KELLY BROOKSHAW

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Full Clean UK Driving License

PERSONAL PROFILE

Specialist expert in Paediatric Physiotherapy. Kelly has worked in various in-patient and community neurological settings both in the NHS and privately. She has a particular interest in working with children with developmental delay and complex neurological conditions, such as cerebral palsy and acquired brain injuries. Kelly has excellent interpersonal and communication skills and is able to adapt her communication to suit the needs of the child and family; she has basic makaton training and a good awareness of alternative and augmentative communication methods. Kelly is Bobath trained and is highly specialised in the area of neurological disability. She also has expert skills in manual handling assessments and hydrotherapy. She has a keen interest in 24-hour postural management and is adapt at providing functional positions to enhance a child's ability and engagement in activities of daily living. Kelly has a wide experience of working in conjunction with other therapists and children's services to provide a high quality service to children and their families. Kelly is passionate, energetic and forward thinking in her practice and understands the important of engaging children in their therapy to achieve long-term goals.

EDUCATION

2002-2005	The University of East Anglia B.Sc. (Hons). Physiotherapy	2.1
2000-2002	Harlington Upper 6th Form College A Level: Physical Education, Geography, Biology	A, C, C
1998-2000	Harlington Upper School 11 GCSEs	1 A*, 4 A's, 5 B's, 2 C's

PROFESSIONAL EXPERIENCE

April 2011- Current **Tots2Teens Therapy - www.tots2teenstherapy.co.uk**
Partner in Private Paediatric Physiotherapy Service

Our goal is to facilitate a child's potential through movement and play. We work closely with families, providing individual and specialised physiotherapy care for children and young people. We work closely with case managers to provide therapy as part of a care package.

March 2016 – Current **Band 8a Clinical Lead for Paediatric Therapy Team**
East Cheshire NHS Trust

Roles and Responsibilities:

My object is to deliver a high quality, evidence based and equitable service across the whole paediatric physiotherapy, speech and language and occupational therapy service. I take responsibility for the operational management, development and co-ordination of a high quality, evidence based Community Paediatric Therapy Service, monitoring performance against standards. I develop and advance the scope and profile of Paediatric Therapy Service in close collaboration with other external and NHS organisations. I work as a highly skilled, independent practitioner responsible for providing expertise and evidence based clinical care and provide expert clinical advice and support to members of the physiotherapy team.

Nov 2008 – Feb 2016 **Band 6 Community Paediatric Physiotherapist**
Integrated Service for Children with Additional Needs (ISCAN)
Tameside and Glossop Primary Care Trust

Roles and Responsibilities:

I assessed and treated children from 0-19 in a variety of settings including schools, clinics, homes and the local hospital. My caseload consisted of children with cerebral palsy and other complex neurological problems. I also treated children with developmental delay, simple musculoskeletal problems and

orthopaedic issues. I worked closely with the ISCAN service at two special schools to provide joint therapy sessions and treatment goals where appropriate. I developed hydrotherapy programmes for children at these schools and I ran the children's hydrotherapy service at the local hospital. I worked closely with parents, school staff and support workers and ensured they were competent to provide therapy advice whilst understanding the child's condition and implications of this.

Key Achievements:

- Paediatric manual handling trainer for ISCAN team, including development of training package
- 'Bobath' treatment sessions and workshops within the ISCAN therapy service
- Set up constraint group therapy sessions for children with hemiplegic cerebral palsy
- Development of hydrotherapy service

**April 2007 - Oct 2008 Band 6 Community Paediatric Physiotherapist
Luton and Dunstable Hospital**

Roles and Responsibilities:

I assessed and treated children from 0-19 in school and clinic settings. My caseload consisted of children mainly with cerebral palsy and other complex neurological problems. I also treated children with developmental delay, simple musculoskeletal problems and orthopaedic issues.

Key Achievement:

- Set up and ran an exercise group for mainstream children with cerebral palsy at a local children's gym

**Oct 2007 - April 2007 Band 6 Secondment Paediatric Physiotherapist for Community and Acute Services
Luton and Dunstable Hospital**

Roles and Responsibilities:

I assessed and treated children with acute as well as long-term conditions. I worked on the paediatric wards and I also covered community patients and the neonatal unit.

**Sept 2005 - Oct 2007 Rotational Band 5 Physiotherapist
Luton and Dunstable Hospital**

RELEVANT COURSES

<u>COURSE TITLE</u>	<u>DATE</u>
Moving and Handling Course	January 2017
Myofascial Release in Paediatrics	January 2017
Kinesology Taping in Paediatrics (2 days)	September 2015
Including children with additional needs into sport	July 2014
Paediatric and Adult Neurology – role of the physiotherapist as an expert witness	April 2014
Refresher observation week Bobath	October 2013
Paediatric Musculoskeletal Refresher Course	May 2013
Paediatric Manual Handling Course	January 2013
Best Practice & Essential Techniques in Moving and Handling Children	November 2010
Neuromuscular study weekend	November 2012
Paediatric Respiratory Course	November 2012
Paediatric Bobath 8 week course	September 2010
Cerebral Palsy Hemiplegia 1 day course	May 2009
Communication – Hannon and signing course	April 2010
Heather Epps Paediatric Hydrotherapy 2 Day Course	October 2009
Hip Management in Cerebral Palsy	March 2009
Get on the Ball Paediatrics 1 Day course	May 2009
Gross Motor Function Score 1 day course	October 2008

MEMBERSHIPS

Health Professions Council	Membership No: PH72789
Chartered Society of Physiotherapy	Membership No: 74774
Association of Chartered Paediatric Physiotherapists	Membership No: 105885
British Association of Bobath Trained Therapists	Membership No: 20050207
